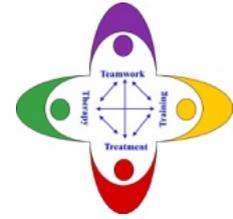


# Developing your own Personal Style and Philosophy of Training – A Training Intensive in Slovenia



This 3-day intensive could help you to define and refine your own philosophy and personal style as a trainer of counsellors and/or psychotherapists. It will enable you to get feedback on your teaching style, to sharpen your presentation skills and ability to hold a training group all within a supportive environment in a wonderful location.

There will be opportunities for:

Learning theory discussions, live supervised teaching, teaching practice, preparation for TEW, workshops and/or exams

**PLUS** much more - the workshop will be tailored to the needs of the group participants.

Participants can be at any stage of their training journey.

All workshops are interactive, with teaching input from Cathy, small and large group discussions and practical exercises to facilitate learning and development.

Cost: The cost is £540/€615. This includes 3-nights accommodation (Thurs to Sat nights), all taxes, meals and refreshments (the costs can be reduced if you'd like to share a room with another participant or would prefer to stay for just 2 nights Fri and Sat).

**Where:** BIOTERME Mala Nedelja , Moravci v Slovenskih Goricah 34/b , Mala Nedelja , Slovenia, 9243 Website: [www.bioterme.si](http://www.bioterme.si)

**When:** 10:00 Friday 24th May - 16:00 Sunday 26th May 2019

If you'd like any more information contact Dr Cathy McQuaid [admin@cathymcquaid.co.uk](mailto:admin@cathymcquaid.co.uk) or visit <https://www.cathymcquaid.co.uk/training/cpd-training-group-and-workshops>

Dr Cathy McQuaid is a researcher, trainer, supervisor and psychotherapy training consultant. As a result of her doctoral research Cathy published her first book, 'What You Really Need to Know About Counselling and Psychotherapy Training: An Essential Guide' with Routledge in 2014, for counsellors, psychotherapists and their trainers. In addition to writing and researching Cathy runs supervision groups in the North West of England and offers research and training supervision as well as various online training seminars for trainers. She is also one of the EATA delegates representing the four UK TA organisations and is a member of PTSC.